

March 2024

Dear Parents/Carers

Since your child started life with us at City Fields, we have ensured, mainly through our LIFE curriculum, that all students have learned about different relationships, different families, physical/mental health and wellbeing and staying safe.

To continue this development now your son/daughter is in year 9, our curriculum that deals with the Personal, Social, Health and Economic well being of our students, works with an outside agency called Spectrum who specialise in Relationships and Sex Education. Specialists working for Spectrum will deliver five one-hour lessons to our year 9 students on topics to do with Healthy Relationships and Safer Sex. These lessons will begin after the Easter holiday. Each session is managed carefully so they are all single-sex, meaning the male students will be taught by a male specialist, whilst female students will be taught by a female specialist.

Our Relationships, Sex and Health Education curriculum is fully inclusive to meet the needs of all our students. We fully believe that all children should learn about these important life skills in an open, honest and safe environment. We also believe that they should be taught in an age-appropriate and engaging way.

Parents and carers do have the right to withdraw their children from sex education lessons. But do not have the right to withdraw their children from lessons that cover statutory Relationships and Health Education objectives.

Spectrum lesson one - Relationships and Consent

Spectrum lesson two - Risk and Resilience

Spectrum lesson three - Contraception

Spectrum lesson four - Sexual Health

Spectrum lesson five - Safer Sex

However, if you have any concerns or would like more information about our curriculum and the resources we use or any of the topics that are taught, I would encourage you to contact Mr Dadvar, the Head of LIFE, and he would be delighted to answer any questions you have or provide you with more information.

We believe it is important to have a strong partnership with parents and carers and will always communicate what is being taught and when. We will also provide any further reading or support for any parents and carers wishing to discuss the objectives taught with their children at home.

Yours faithfully



Mrs Michelle Colledge-Smith

Principal

Curriculum link
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