

**FREE  
course**



# Transitioning from CAMHS to adult/alternative services

If you are involved with CAMHS and approaching the age that you are due to leave their service and are unsure as to what happens next and what to expect, then this is the course for you.

This session has been developed by CAMHS practitioners and young people who have transitioned from CAMHS services and will be delivered by a CAMHS professional and a young person with lived experience.

The session will:

- provide a better understanding of what happens when you leave CAMHS and what support can be offered during this time.
- acknowledge the feelings and emotions that may be involved with transitioning from the service.
- provide details of alternative services that you could get potentially get involved in that could support you if you do not meet the criteria for NHS adult mental health services
- provide you with an opportunity to ask questions to somebody who works within CAMHS and a young person who has lived through the transition.

This session is also suitable for those who may benefit from knowing more about this subject to support somebody else through this time.

**26th of February 2024- 12.00pm-1.00pm**



**Online  
16-25**

Contact the college to enrol  
[www.wakefieldrecoverycollege.nhs.uk](http://www.wakefieldrecoverycollege.nhs.uk)  
[wakefieldrecoverycollege@swyt.nhs.uk](mailto:wakefieldrecoverycollege@swyt.nhs.uk)  
01924 316946

**Wakefield  
Recovery and Wellbeing College**  
Home of the Discovery College