



City Fields Newsletter 4 2022-23

Happy Easter everyone and Ramadan Mubarak. It has been a great half term with lots to share. I am very proud of the achievements of so many students. Y11 received their mock results and it was a privilege to see so many happy faces proud of what they have achieved. Speaking exams begin in April and the written exams begin week commencing 15 May. Please join with me in wishing them success and confidence as they take this big step.

National Reading Award

MyOn is a reading programme that offers our students a library of 5000 ebooks that they can read at home and on school site. With it, our students can:

- Read books and newspaper articles
- Complete book and newspaper quizzes
- Access books at school and home
- Complete homework and projects
- And create book reviews

Very recently, the Academy has been recognised as nationally exceptional in utilising myOn. Not only that, we are being promoted by the company to other schools nationally.



Sparx Maths is a brilliant tool to engage students and help them where they are struggling. It offers videos and activities to help them overcome areas of weakness. It live marks answers to help students quickly see what next steps they have to take.

Students at City Fields are set homework weekly. **The deadline is each Tuesday.** Homework support club is available every Monday in M5.

- Some of the highlight are:
- 37 students in year 7 have levelled up on SPARX
 - 6 students in year 8 on level 6
 - 1 student in year 8 on level 7 - Spyridon Sila
 - 1 student in year 9 is on level 11 - Lexi Greening
 - 2 students in year 9 are on level 9 - Mya Stevenson and Jake Fisher
 - 8x1 has the highest compulsory completion rate from all classes
 - 7x1 has the highest total XP points to date

10.5 million words have been read by our students since September 2023 on this platform alone. Students have read "3,374 stories about their world since September"; And "the success of myOn at Outwood Academy City Fields is a model for other secondary schools in England to follow." Well done to all of Year 7 and 8 for reading at home and in school! One student stands above all others however. He deserves a special mention here. Muhammed Touray, in Year 7, has read: 27 books or 2166 pages and an average of 61.8 minutes per week. This reading widely and often is really helping him in his subjects but it is his determination and dedication to his education that is so impressive. Well done Muhammed!

In addition a big thanks to Ms Jacklin-Hibbit who helps make a difference everyday to how young people read and learn. She is an amazing Ambassador.



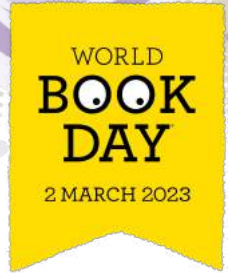
What are you reading currently?



Student Voice

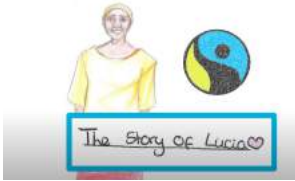
Congratulations

We are now a Fair Aware School via the Fairtrade Foundation. Thanks to Ms Leavy and a team of students who worked together to create awareness of fair trade and its impact. This award related to the work that Year 7 have completed in lessons. **Well done Year 7!**



World Book Day 2023, Book Swap over 50 books were swapped during world book week.

<https://www.worldbookday.com/world-of-stories/>



City Fields Supports Climate

Student Voice are working alongside Ms Leavy helping the school meet Outwood pledge of 'Let's go zero'.

So far we have:

- Recycling bins in classrooms and offices
- Checked the paper we use is FSC - [Why?](#)
- Reduced the amount of plastics used in school
- Continue to teach students to ride a bike and encourage cycling to school

Next steps are to:

- Only use recyclable items in the canteen - knives, forks and dishes
- No meat Mondays - our aim is to reduce our carbon footprint
- No mow May
- Adopt a green space
- Reusable water bottles



Wakefield Water Safety

Student Voice have helped the Wakefield Water Safety team to support them in making a Water safety video.

It is very important that we work to together as a school and community to help others understand the dangers of water and how to look after themselves and others.

<https://www.wakefieldscp.org.uk/professionals/water-safety/>

Gardening Club

Student Voice have had lots of different ideas for the next few months including Gardening Club. Gardening Club have been working hard to design the internal garden to be sustainable. We would like to be able to support DT food by growing items which can be used for practical sessions. If anyone would like to donate seeds and plants to gardening club, please let us know.



Safeguarding

There is lots of issues and concepts that keep getting introduced in terms of safeguarding. This section will highlight different concepts and organisations who can support in school, home and the wider community.



Pace is a national charity working to keep children safe from exploitation by supporting their parents, disrupting the offenders and working in partnership with police and family services. We also train professionals in how to support affected children and their parents using a trauma-informed, family-centric approach.



WF-I Can is an online resource for children and young people in Wakefield who want additional support. They can offer online chat as well as links to other professionals to support young people.

Luke's Lads

Luke's lads are a charity that have begun working with us this half term and will continue to do so after Easter. They are a charity that work with boys and use physical exercise as a gateway to get young people to talk about their mental health. A number of boys have been invited to take part from year 7 - 10. If you feel that your child would benefit from this and they are not already involved, please contact their learning manager.



Reminder that Wakefield Families together brings together local services to support families who may need support in any way. The website provides information about all the support available and how to get support.



Spectrum have been in school this term delivering sessions as part of our life curriculum on RSE (relationships and sexual education) to year 9 and 10 students.

They have also delivered an assembly to year 9 students about acceptance, appropriate use of language and being an ally to help living in an inclusive society.

Wakefield Safeguarding Children Partnership

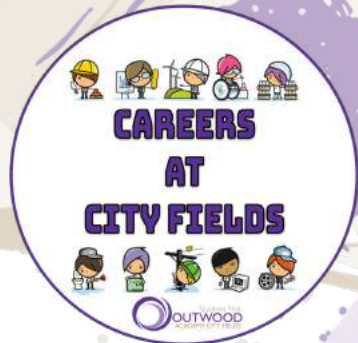
Child exploitation is unfortunately all too common in society. It is important as parents/carers you are aware of the signs. Wakefield Safeguarding Children Partnership has a website full of information for parents and carers.

Careers

Careers Cafe

This half term students have met:

- Leeds City College
- ASK Apprenticeships
- RAF
- Hays Travel



STEM

10th-19th March is British Science Week. This is a ten-day celebration of science, technology, engineering and maths. This year's theme - connections! There are lots of opportunities to get involved at every age.

[Activity packs](#)

Up and coming events:

19th April NextGen Nurse (NHS)

Seminar Year 10 - to sign up please follow this link <https://forms.gle/reqDocEI68QdZe9aA>

27th April - OGA Careers information evening and Fair for Year 10 [OACfields Careers Fair & Information Evening - \(Y10\).pdf](#)

3rd May Year 10 Careers Mock Interview day - more details to follow, please see Miss Hall for details.



Labour Market News

The most timely estimate of payrolled employees for January 2023 shows another monthly increase, up 102,000 on the revised December 2022 figures, to 30.0 million.

[Read more ...](#)

Students who are studying GCSE Computer Science have the opportunity to take part in a digital and cyber skills competition through West Yorkshire police. They can register their interest and take part by going to:

<https://cyberswitchup.net/>



CYBER SWITCHUP 23
YH ROCU

New opportunities in industry

"Automotive is an industry that is changing rapidly and moving into a new era. A car is no longer a combustion engine wrapped in metal, it is a computer capable of learning, and gift-wrapped in space age light, strong and carbon neutral technology. We need people with open minds who can embrace the future."





“Being praised by teachers gives a sense of pride and pleasure and it feels very positive, so it means I have put enough effort into work in lessons. To gain praise, I had to work and try hard or contributing in class discussions. It's important because it gives motivation and can encourage other people to work harder or behave positively and it can also help students be more confident in themselves :)”
Stephanie Siow Y10

Congratulations to our Easter Praise Hunt Students who received lots of praise for their work and effort. Dhiya Bijo, Pelen Moussa, Adam Khan, Fazal Ahmad, Urook, Aslam We hope you enjoy your chosen prizes of Amazon Echo, Smart watch or retro games console. We'll be doing a summer hunt in July -so watch this space.



Easter Praise Hunt!

For the next 2 weeks we challenge you to complete your Easter Praise Hunt with signatures or stickers from staff. You can get praise from any staff member at any point during the day.

*Once you have filled your basket, make sure your name is on it and put it in the purple box Last entries will be collected at break time on **Thursday 30th March April***

*Lot of prizes up for grabs! Including Love2Shop vouchers/Smart Watches/Amazon Echo/Games Consoles. Winners announced at lunchtime on **Friday 31st March 2023.***

Praise

Totals to Easter (since Feb Half Term)

Year	Praise points	Superstar students
7	2340	85
8	1517	71
9	1091	46
10	1054	32
11	667	14

Praising Stars

Year 7 - Praise Aibuedefe

Year 8 - Khalid Al-Ameed

Year 9 - Jaiden Hunt

Year 10 - Philip Pham

Year 11 - Imnan Malik

Most Improved

Year 7 - Jayden Pitchford

Year 8 - Marjan Formuli

Year 9 - Zulkernain Hussain

Year 10 - Tyler White

Year 11 - Sandra Gil and Salyam Sillah

Friday 5 Surprise!

Congratulations to the following students who have won Friday 5 surprise this half term. They have won for outstanding work throughout the week, Praise Aibuedefe, Ibrahim Kashif, Jaiden Hunt, Zain Ul Abideen Hussain, Yan Ching Lau, Aisha Ciomofoiu are to name a few.

SuperStar Students

Congratulations to our hard working students who have been nominated the most time this half term for SuperStar Student. They've gone above and beyond in lesson and around school. Well done. Congratulations also to our praise raffle winners.





PE Fixtures

Well done to our U12 netball team who competed in their tournament at Kettlethorpe, and awesome job to our U13 netball team who competed in a similar tournament at WGHS.. #TeamPE



Congratulations to our Year 9 and Year 8 football team who made it all the way to the league cup finals Year 9 were defeated by Outwood Hemsworth and Year 8 play at the end of April. #TeamPE



Well done to our fabulous rowing team who competed in the NJIRC on Friday 3rd March. Plenty of personal best scores. Fantastic individual and team effort. Well done all #TeamPE



Our sports leaders have been busy this half term running 4 events at OACF for OAPH and 2 further events at OAPH and OAGH. Superb leadership #TeamPE



Northern Contemporary School of Dance came into school to teach our wonderful Y7,Y8,Y9 students the art of contemporary dance. They are back in again on the 31st March. Some of these wonderful students are preparing the upcoming dance competition at Halifax Victoria Theatre. #TeamPE #Thisgirlcan



Well done to our fabulous Y7,8 + 9 dancers who performed at the Great Big Dance off at Halifax Victoria Theatre. Superb work #TeamPE

Tips & Tricks

Mental Wellbeing

April is **STRESS AWARENESS MONTH**.

Stress can be a tricky thing to understand and deal with. Think of it like a bridge. When a bridge is carrying too much weight, it will eventually collapse. It is possible to see the warning signs before this happens, the bridge would bow, buckle and creak.

The same principle can be applied to human beings, with excessive demands and challenges placed on our bridges. There may be early warning signs. However stress can creep up on some of us, resulting in an unexpected breakdown.

Click the tips and tricks post-it note for even more information from the Stress Management Society.

School Nurse

Drop in times:

Wednesday 12-2.30pm



Empty Your Head Of Worries

Write down your initials, your year group and country, followed by your worry and then fold it and post it in.

Details -

Year Group - Tutor Country -

What happens now?

Let it go

Your worry will be picked up by a staff member who is designated to help deal with mental health concerns.

An illustration of a hand placing a letter into a box. A yellow arrow points from this illustration to the 'Worries Box' text block.

Worry Box

We have purchased a 'Worries Box' where pupils can clear their head by writing down any worries they may be having. This will be opened and checked regularly so we can support pupils who reach out to us with any concerns.

The PE department fully support Mental Wellbeing within the Academy and understand the role that being active plays within this. Come along and check out the many enrichments that are on offer after school (2:30PM - 3:30PM)!



Compass

Online support for young people by trained professionals that young people can access on any mobile device.

Free and anonymous.

New staff & Opportunities

Mia Dinsdale-Hall-Teaching Assistant

Hi, I'm Miss Dinsdale and I have joined the team as a TA. I previously worked as a carer/support worker, assisting with ages from 23 to 100 years old, with all types of different needs and abilities. I enjoy going on bike rides with my 2 children, doing gel nails, reading, and diamond art. I am excited to start my journey ahead at City Fields.



Christie Avila-Teaching Assistant

Hi, I'm Mrs Avila and I have recently started as a TA. I have worked with children on a voluntary basis for the last 5 years and I look forward to developing these skills I have learnt through this, at City Fields. I enjoy baking, exploring new places with my 2 girls, visiting new countries and going to the beach.



John Metcalfe - Site Manager

I'm the new City Fields site manager, just transferred from Outwood Grange, big Leeds United fan and I enjoy running, I'm entered for the Wakefield 10k again this year, completed it last year in 55min but feeling my age a bit now so would be happy just to complete this time, also enjoy walking, managed to complete the Yorkshire 3 Peaks challenge a few years ago which was very hard but rewarding. Looking forward to making a difference and helping where I can and excited about the new extension, a great addition to the school and community.



Join the Outwood Family



There are lots of jobs in the Wakefield area, click the image above. Here are some of the highlights from City Fields:

- Midday Supervisor
- Assistant Principal
- Second in Maths
- Teacher of English
- Personalised Learning Centre Manager



Would you like to make a difference whilst carrying out an extremely rewarding role?

Outwood Grange Academies Trust is seeking to appoint Governors to join its Academy Councils.

The Outwood Family covers a large geographical area across the West of England from the 'Sea Valley to Doncaster and the River Wharfe to North Yorkshire, including primary and secondary schools, an alternative provision and Post 16 centres. Under the Outwood Family, ultimate responsibility for our schools rests with the Board of Trustees, however some of the work of the Board is delegated to the Academy Council, who are the Governor's of the school.

Academy Councils are a sub-committee of the Outwood Board and their role is to carry the Outwood ethos, values, policies and objectives forward whilst providing internal challenge and, in addition, to advise and strengthen the school's links with the local community.

Academy Councils are made up of Governors who are expected to question, challenge and support the school's leadership. Some Governors are appointed by the Trust and others are elected by parents or members of the wider community.

Each Governor can also personally impact our own area as all our Governors are provided with training to help them fulfil the role, while also helping them to develop transferrable skills. Whether you have a lot of education or career experience or not, our Academy Councils make people from all backgrounds and backgrounds welcome and make the correct decisions for all our children.

Appointments from parents and carers are welcome too. Through being a Parent Governor you will have the chance to influence all the areas that matter to both you and your child. Not only will you be able to support the school, but you'll be greatly rewarded in return. It will hold it no amount you can truly have a positive impact on your child's education.

The Trust is seeking individuals that can offer expertise and experience in any of the following areas:

- Finance and Accounting
- Business and Marketing
- Leading in the Education Sector
- Safeguarding and Child Protection
- HR
- Health and Safety
- Special Educational Needs
- Careers and Employment

If you are interested in this role, or would like any further information, please visit:

[outwood.link/be-a-governor](https://www.outwood.academies-trust.co.uk/governors)

A colleague will contact you directly to answer any questions you may have, provide additional details and arrange a visit to the school.

Community Update

9 MENTAL HEALTH ACTIVITIES TO DO WITH YOUR CHILDREN

Worried? BELIEVE IT!

WORRY TIME

Set aside a time each day for your child to worry. Discuss with your child how long the worry time will be. In this time your child can write down their worries, discuss them with you or problem solve to overcome them.

THOUGHT CHALLENGING

Help your child to write down any unhelpful thoughts they have. Experience. Try to challenge them with your child and come up with more realistic and helpful ones.

BEING PRESENT

Help your child to be present and live in the moment. Go for a walk and see how many different things you can both take in with all your senses.

ACTIVITY PLANNING

Create an activity diary with your child and help them to schedule in some pleasurable and achievement related activities.

TALKING ABOUT FEELINGS

Why not create a time each week when your child can speak to you about their thoughts and feelings.

3 GOOD THINGS

Before bed spend some time with your child to identify and write down three good things they achieved from the day.

THOUGHT TESTING

Try setting out some simple activities to help your child test out the validity of a thought.

WELLBEING

Support your child to look after their wellbeing. Cook healthy meals with them, exercise or play sport with them and make sure they are getting enough sleep.

IMAGERY

Work with your child to imagine themselves in an imaginary future where everything has turned out in a positive way.



myh muslim YOUTH helpline 20th ANNIVERSARY

DOWTK Kids Eat Out For Less Easter Holidays 2023

MORRISONS

ASDA - Kids eat for £1 all day, every day with no adult spend until the end of Easter 2023.

Bella Italia

Hard Rock Cafe - Kids eat for free with a DOWTK Pass
Whitebread Inns - Two kids under 16 can eat free with any adult breakfast purchased

IKEA

Bella Italia - Kids eat for £1 with any adult main, 4-6pm Monday to Thursday
Dunelm - Kids get one mini main, two snacks and a drink for free with any £4 spend after 3pm

Dunelm

Yol Sushi - Kids eat free all day with any adult spend £10 or over, until 3rd April
Morrisons - Spend £4.99 and get one kids meal for free, all day every day

YO! 活

The Real Greek - Kids eat free every Sunday for every £10 spent by an adult
Premier Inn/Travel Lodge - Buy one adult breakfast from £3.99 and up, and two kids can eat for free

ASDA

Preto - Kids up to 10 eat free all day, every day with a paying adult during school holidays

Information correct at time of posting

WAKEFIELD TRINITY HOLIDAY CAMP

FOOD & REFRESHMENTS PROVIDED

TUESDAY, 11TH - FRIDAY 14TH APRIL

OPEN TO THOSE ON FREE SCHOOL MEALS
FREE (11-16 Y.O.)

ST. SMITHUN'S COMMUNITY CENTRE

SPORT ACTIVITIES | FUN GAMES | DANCE & MUSIC

For more info: masa@wakefieldtrinity.org

HAPPY HEALTHY HOLIDAYS

at Lightwaves Leisure & Community Centre
Lower York Street, Wakefield, WF1 3JL

Monday 03 to Thursday 06 April 2023
12 noon to 4pm

For Juniors 8 to 11 years old and Seniors 12 years plus

Lunch & Refreshments Provided

A program of sport activities, drama & performance, creative writing with music, arts & crafts

All activities are free to young people in receipt of free school meals and low income families. If unsure please contact us

If you would like to participate contact 01924 380158

THE WAKEFIELD CENTRAL YOUTH HUB INVITES YOU TO OUR...

YOUTH CLUB

EVERY WEDNESDAY
6PM-8PM
AGES 11-16

GAMES • FUN • A SAFE SPACE

KITCHEN GARDEN, THE RIDINGS CENTRE

FOR MORE INFORMATION CONTACT US ON: 01924 302865

Wakefield College Castleford College

OPEN EVENTS

Wednesday 22 February 5pm-7pm
Saturday 17 June 10am-12pm

www.wakefield.ac.uk/events

What Parents & Carers Need to Know about iPADS

Apple released the first iPad in 2010, it's now the best-selling tablet in the world. It's a powerful tool that can help your child learn, but it can also be a source of distraction and addiction. Here are some things you need to know about iPads and how to keep your child safe and healthy while using them.

WHAT ARE THE RISKS?

- PHYSICAL DAMAGE:** iPads are fragile devices and can be easily damaged. This can be a costly repair, especially if your child has an iPad that is used for school.
- SCREEN ADDICTION:** iPads are designed to be addictive. They can be used for hours at a time, which can lead to screen addiction. This can affect your child's sleep, schoolwork, and social life.
- INAPPROPRIATE CONTENT:** iPads can be used to access a wide range of content, including inappropriate websites, apps, and games. This can be a major concern for parents and carers.
- STRAY SUGGESTIONS:** iPads can be used to access social media and other online services. This can lead to stray suggestions and cyberbullying.

ADVICE FOR PARENTS & CARERS

- SET CONTENT AND PRIVACY RESTRICTIONS:** Use parental controls to restrict your child's access to inappropriate content and apps.
- TRACK IT DOWN:** Keep track of your child's iPad usage and location.
- STOP ACCIDENTAL SPENDING:** Disable in-app purchases and set a spending limit.
- APPLY SOME LIMITS:** Set rules for how long your child can use their iPad each day.
- CHARLE PERRY SHARING:** Don't share your iPad with friends or family.

Meet Our Expert: www.wakefield.gov.uk/parents-carers

National Online Safety www.nos.gov.uk

Money Helper

FoodCloud olio

We believe that a smart uniform improves discipline, self-esteem and self-respect. Uniform focuses attention upon learning and away from distractions. So that all pupils have a sense of pride in their appearance, we ask that the uniform is worn appropriately and in its entirety, as described below.

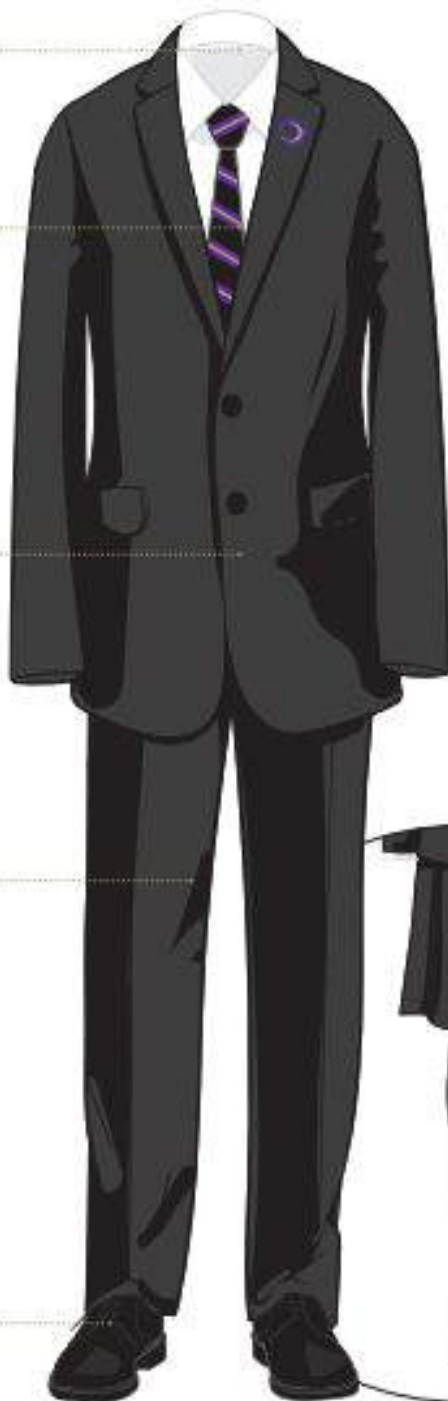
Shirt - school or plain white, long or short sleeved shirt with a stiff collar.

Tie - school clip-on tie available to buy from school, Trutex Direct and approved local uniform suppliers.

Jacket - black school jacket with school logo available to buy from Trutex Direct and approved local uniform suppliers.

Trousers - black tailored formal style trousers worn with plain black socks.

Shoes - plain black shoes free from embellishments and decorations. Heels should be no higher than 2.5cm/1 inch. No trainers, boots, pumps or canvas shoes. Please refer to the Uniform Policy for more information.



Uniform support & Hardship fund

The Academy offers a Hardship Fund which can be accessed via our website: [Hardship Policy](#) all applications should be sent with supporting documentation to the Academy. Please contact the academy via enquiries@cityfields.outwood.com if you need this support or wish to discuss uniform support.

Forgotten Uniform? Students are able to borrow uniform from SID for 1 day. New Ties and Planners can be purchased through [iPay](#) and collected from SID.



School code -
LEA00940SC

Trutex Shop
79 Northgate,
Wakefield,
WFI 3BX

Tunic Dress - tunic dress - black, with school logo available to buy from Trutex Direct and approved local uniform suppliers.

Skirt - black tailored formal skirt which sits on or just above the knee. Must be worn with black tights.

Tights - plain black, opaque (not patterned) and a minimum of 40 denier. Nothing else should be worn on top or under the tights such as additional socks.



I think it's a beautiful thing when you wear a uniform or a garb which represents a group of people, because what it immediately symbolizes is oneness, togetherness. **Nia Long**

NON-LOGOED UNIFORM GUIDE

Effective from 1 January 2023, secondary students will no longer be required to wear logoed trousers and skirts. Students will still be required to wear appropriate school trousers and skirts, as described in this guide.

Trousers

- must be plain black and in a tailored formal style;
- must **not** be cropped, tight/skinny fit, made of stretch or patterned fabric. They should **not** have decorative buttons, buckles or fashion belts;
- jeans, flares, cargo, bootlegged trousers, tracksuit bottoms, jeggings or leggings are **not** acceptable.



Skirts

- must be plain black and in a tailored formal style. Skirts may be A-line, pencil or pleated (twin, knife or box pleat);
- tight-fitting, tube skirts are **not** acceptable;
- must sit on or just above the knee;
- must **not** be made of jersey, stretch or patterned fabric;
- must be worn with a minimum of plain black 40 denier tights.

Should you have any queries regarding uniform, please contact your child's Learning Manager. If you are unsure about a garment's suitability, we advise you not to remove any tags/labels and retain your receipt until the item has been checked by a colleague in school. The Principal will retain the final decision.