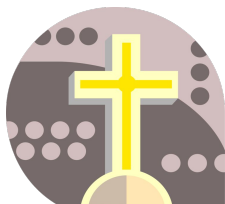


Outwood Academy City Fields 2023-24 Newsletter 3



Happy Easter everyone and Ramadan Mubarak. It has been a great half term with lots to share. I am very proud of the achievements of so many students. Y10 & Y11 received their mock results and it was a privilege to see so many happy faces proud of what they have achieved. Speaking exams begin in April and the written exams begin week commencing 9 May. Please join with me in wishing them success and confidence as they take this big step.

Shelly Colledge-Smith

Praising Stars

Praising Stars will be released Friday 22 March at 2:30 to students and parents. Year 11 will receive a hard copy which they can use for any P16 interviews they have.

What is Praising Stars(c)?

Praising Stars cycles foster an academy-wide focus on celebration, achievement and pride - creating a positive drive towards constant self-improvement. Praising Stars cycles provides short-term goals that recognise effort and achievement, building both better habits and a stronger self-belief.

Praising Star(c) will identify:

Effort grades

Target grades - these are based on KS2 results

Progress since last cycle

Year 7-9 - The attainment that the student is working at currently.

Year 10 - 11 - The predicted attainment by the end of the key stage.

Geography

Current Grade
Exceeding

Target Grade from KS2
Developing

GCSE Target
3

Difference from Target
+2

Change from Previous Cycle
↑

Effort
E1

Level	Definition	Links to GCSEs
Exceeding	You are working well above age related expectation in the subject	GCSE grade 8 to 9
Excelling	You are working beyond age related expectation in the subject	GCSE grade 6 to 7
Achieving	You are working at age related expectation in the subject	GCSE grade 4 to 5
Developing	You are working towards age related expectation in the subject	GCSE grade 2 to 3
Emerging	You are working below age related expectation in the subject	GCSE grade U to 1

Effort levels

E1	Star Student
E2	Promising Student
E3	Working Student
E4	Wake-up Call
E5	Negative Attitude
E6	Extremely Negative

New Staff Welcome

Juan Coronil Martinez - Teacher of MFL

Hola! I am from Spain and I am a French and Spanish teacher at City Fields Academy. Before starting at City Fields Academy, I was a Languages and PE teacher at a school in the North of Leeds where I really enjoyed teaching and starting a basketball club that won the Leeds league several times. When I lived in Spain, I studied for my Law Degree alongside working as a professional basketball coach. When I moved to England after meeting my wife who is from Castleford, I found my calling in education, and I trained to be a teacher. Although I love sport, I realise that whether it be in my different careers as a lawyer, in basketball, in education or in my life, languages have played a very important role in my success and enjoyment, and I would love to transmit the value of foreign language learning to the entire City Fields community. Oh, I forgot something... I am a fan of the Real Madrid football and basketball teams, the best teams in the world!

Pavandeep Singh - Head of Maths

Hello! I'm Mr Singh, the new Head of Maths. I have previously worked as a Head of Maths for a few years in Wakefield and before that worked as a Regional Lead Practitioner for Maths in the South. I have also had the pleasure of teaching Maths abroad in Kenya and Togo. I am excited to bring my passion for Maths to Outwood Academy City Fields. Outside of school, I have recently started to learn how to play the piano as a new personal challenge and during the holidays I like to travel as much as possible.

Elodie Thompson - Pastoral Support Officer

Hi, I'm Miss Thompson I have recently joined Outwood City Fields as a Pastoral support officer I have worked in a SEN school before and I have a huge passion and focus for mental health and wellbeing. I will be studying to become a counsellor this year and hope this education can help me support students in my pastoral role. I enjoy spending time with my friends I often travel down south to see them and I play competitive video games with them too. I'm a huge animal lover and spend as much time as I can outdoors with my puppy and when I can I also love scuba diving.

Hannah Nicholson - Teacher of Maths

Hi, I'm Mrs Nicholson and I am here teaching Maths! I previously worked at Outwood Academy Freeston for around 5 years. In my spare time I enjoy spending time with my family, swimming and baking!

Kehinde Oduwole - Teacher of Maths

I'm Mrs Kehinde Oduwole and I've joined Outwood Academy City Fields as a teacher of Mathematics. I started my teaching career in one of the schools in Huddersfield. I enjoy teaching and am very passionate about teaching Mathematics. I enjoy working and relating with young people giving them the right support for growth and development in whatever they do. I love spending time with my family, especially playing board games with my two boys.

Sarah Mills - Teaching Assistant

Hello I am Sarah Mills, Teaching Assistant at City Fields. I also work as an exam invigilator here and at Outwood Grange. Outside of work when I'm not racing around after my 3 children I enjoy spending time with family & friends. If eating out can be classed as a hobby, then yes that's my hobby! I love food and eat out at any opportunity as I openly admit I am a terrible cook.

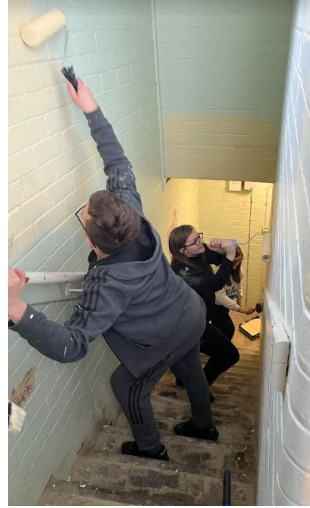
Student Voice and Speak Up



Student Voice held their first Disco in February 2024. We had a great evening dancing, playing games and having fun!



Members of the Student Voice Leadership team visited St Swithuns Community Centre to visit the food bank and support the Simply Leisure Easter activities.



A group of students supported Park Hill Primary this term by helping with the painting of the Warm Hub.



Year 9 members of Student Voice had the opportunity to watch a modern day take on Jekyll and Hyde.

Students in Year 7 and Year 9 have taken part in the Local Authority Health and Wellbeing survey.

Our Student Voice research visit York St John's University and presented their research and findings.

Speak Up! Have performed at the Student Voice Conference at Elland Road. This year's conference focus was Mental Health and Wellbeing.



It has been a really busy term for Student Voice and the Speak-Up team. If you have any ideas for events for next term, please let us know.



Safeguarding

Triple P - Positive Parenting Program in Wakefield

As parents and carers you can access an online course that you can work through at home in your own time. The Triple P – Positive Parenting Program® gives you tips and ideas to help you bring out the best in your children, to help them be resilient, confident, and have the self-discipline to succeed. Learn how to positively manage the behaviour you don't like and encourage more of the behaviour that will help them get along with others.

Parents/carers find out how to access your code to get started at home:
[Free in Wakefield | Triple P – Positive Parenting Program | Online Parenting Programme](#)

Teen Triple P: Teen Triple P Online – for parents of pre-teens and teens, approx. 10-16 years

- Boost your child's or teenager's development
- Tailor strategies to suit your child – you know them best!
- Positive parenting has proven benefits for children, now and in the future
- Tips to help your whole family's emotional wellbeing – including yours
- Raise happier, more confident and capable kids
- Improve your relationship with your child or teenager
- Enjoy being a parent more!

Fearless Triple P: Help your child or teenager learn to manage and reduce anxious feelings, now and in the future.

- Online support for parents of anxious kids (6-14 years)
- Find out the 'why' and 'how' of child and teen anxiety
- Learn more about what's helpful and what can accidentally add to anxiety
- Start applying new strategies immediately
- New online programme based on proven principles
- Reduce your own stress, too!

Other recent strategies to safeguard at City Fields

LGBTQ History month assembly

International Womens day assembly

Mental Health Student ambassadors available for brektime drop in's

MyVoice survey on google classroom to gather student voice

Student signpost support posters in all toilet cubicles

PROUD mail to students and staff to promote diversity and kindness

Wakefield Health & Wellbeing survey - Y7 & Y9

Road Safety assemblies

Advice on how to use our Voice in the right way

Mental Wellbeing

Lumi Nova Discovery Session for Parents - Thursday 7th March 24, 10:30-11:00am, and the first Thursday of every month (times vary see link)

Free 30-minute webinar, parents can learn how Lumi Nova can support their child / young person aged 7-12 to tackle their fears and worries and build lifelong skills.

Parents / Carers will be guided through how their family can access Lumi Nova for free.

How to book: Parents / Carers can use the link to secure a place today: [Book your place here!](#)

As parents/ carers - what can we do to support our children?

Whether your child is about to do their year 6 SATS or their exams at secondary school or college, it can be stressful not only for your child but also for you as a parent / carer.

Here's some tips on how you can best support your child through this time:

- No. 1 – be there for your child. Be available and make time for your child. Encourage your child to come to you if they need you.
- Ask your child “What, if anything, would you like me to do to help you during your exams?” Allow your child to tell you what would help them rather than assuming you know.
- Support them with planning. (If this is something that they say they would find useful)
- Reduce the pressure! – putting pressure on your child to do well may increase their stress levels.
- Reward and encourage their efforts.
- Provide regular drinks, meals and snacks
- Prompt your child to take breaks when they are revising, encourage some down time too.
- Spot the signs of exam or assessment stress. Look out for changes in mood, complaining of physical symptoms, changes in eating or sleeping patterns.
- And very importantly... Look after yourself as a parent / carer. When we look after ourselves we are more able to take care of others, including our children. Not only that, but it's also great to model to our children the importance of self-care.

For further information: Exam and assessment stress (mentallyhealthyschools.org.uk)



NIGHT OWLS
Overnight Well-being
Support Helpline Service



Wednesday
8pm –
8am

A confidential support line for children and young people who live in Bradford, Leeds, Calderdale, Kirkstee and Wakefield.

If a child or young person you care for is in a crisis and you are concerned about their emotional wellbeing contact Night Owls.



SCAN ME

For more information scan the QR Code to watch our video

Call free on: 0800 148 8244 or text us: 07984 392700



iSPACE⁵

Home | Subjects | Mock Exams | Support for Parents/Carers | Exam Update | Treatment plan | Water Curriculum | Revision

YEAR 11 SUPPORT SITE

6 weeks to go!

OUTWOOD ACADEMY
CITY FIELDS

There is more help and support for Year 11 on the Year 11 Support Site. there is also a section for parents here to help you.

We have given them revision plans to complete so they can plan to do well. Happy Revising!

ATTENDANCE MATTERS

OUTWOOD GRANGE ACADEMIES TRUST

Attendance affects your learning.

Attendance affects your future.



Every minute of every lesson counts

LATENESS = LOST LEARNING

Minutes lost each day	5 minutes	10 minutes	15 minutes	20 minutes	30 minutes
Days per school year lost	3 days	6.5 days	10 days	13 days	19 days

Did you know that attendance impacts upon achievement?

Employers want a workforce that is committed and punctual. Studies show there is a clear link between poor attendance and low academic achievement. Employees who have 8 good GCSEs earn on average £150 per week more than those who do not.

Thank you to all the families that continue to support our students in attending school every single day. You are helping to ensure that they progress both academically and socially, and increasing their chances of leading happy, healthy and successful lives. Your role is vital in promoting the good attitudes towards attendance that will be needed both now and in the future.

Together, it is important we ensure that children are:

- present everyday
- arrive on time
- are not being taken out of the academy without authorisation
- Communicating the reason for absence

Good and Improved Attendance is something we like to reward at City Fields and this time we have given out over 400 Easter Eggs as a reward for this half term. The students have done extremely well and we are super proud of the effort they have made to improve their attendance. Please continue to support this at home.



Praise

Since September there has been a fantastic effort shown by students across the academy, acquiring over 60000 praise points and 2000 Super Star Student nominations.

Students have participated in an end of year Praise Hunt and Easter/ Eid Praise Hunt with 20 lucky students winning prizes including an Amazon Echo, chocolates, and love2shop vouchers.

Well done everyone. We look forward to the Summer praise hunt and more fantastic effort and work in the final term.

Arrive by **8:15 am**

Lessons begin at **8:25 am**

8:55 am close of the AM register

If your child arrives **after 8:20am** you will receive a late text and students arriving after 8:25am will receive a 30 minute after school detention for that afternoon.

When your child's attendance record moves **below 95%**, we will contact you, to discuss ways in which we can support.

Attendance in Schools

The [School Attendance Matters and Legal Support](#) page on the Wakefield Council website provides useful information and support to parents in understanding the importance of regular school attendance, together with contact details for the Education Welfare Service.

Enrichment

“Rowing has given me the chance to learn a new skill”

London Youth Rowing have been leading enrichment sessions for our students to prepare them for the NJIRC rowing championships in Leeds. The students have built a close relationships with Tom who delivers the sessions every week for our students! Well done to the students who took part in the championships!



Music have been very busy this half term with Ukulele club, Band club and Speak up. Some of our students attended a Speak up research group at York St John University where they presented their work and were followed by a film crew for the day!



Students in dance enrichment have been working really hard for their performance at The Great Big Dance Off. They will be competing against a number of secondary schools at the Victoria Theatre Halifax.



“Dance enrichment has improved my confidence skills”

As a reward for the dance enrichment students, the Northern Contemporary School of Dance came into school to teach a dance workshop. This gave students a taste of contemporary dance and a chance to build their confidence in dance.



Careers

This term students have had the privilege of a number of different people from a range of different career backgrounds coming into the academy.



Our Careers cafe was centred around construction and we were fortunate to have representatives from Morgan Sindall. They were able to answer questions from students across all year groups. Older students questions were more specifically related to construction and jobs related to this field. Younger students were more curious to find out more about Morgan Sindall.



We celebrated National Apprenticeship week, 5th-11th February 2024. A representative from the RAF, Danielle Sthilaire, came into the academy to deliver assemblies to our students in year 9-11. Danielle spoke to our students about her apprenticeship route into the RAF and what students can expect from an RAF apprenticeship today.

We also had a key apprenticeship provider speak to our students in Year 11. ASK Apprenticeships by West Yorkshire Learning Providers, spoke to Year 11 about applying for an apprenticeship, what a typical apprenticeship looks like, what they can expect and what employers are looking for. Many of our Year 11's are still looking to get into an apprenticeship when they leave us or in the next couple of years. This assembly provided them with lots key information to help them make those informed choices about their futures.

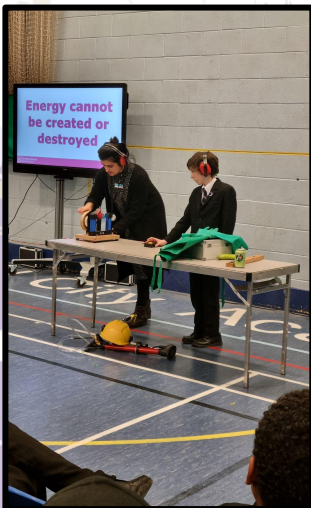
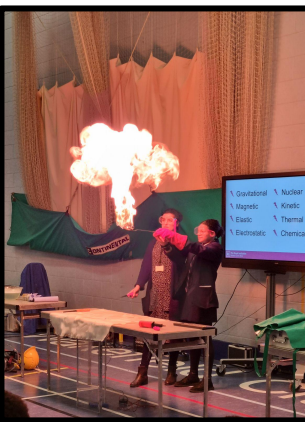
Live Science Event

The Royal Institution came into the Academy on Wednesday 24 January to showcase a live event all centred around 'Energy'.

The Royal Institution is an independent charity dedicated to connecting people with the world of science, inspiring them to think more deeply about science and the world that we all live in. They create spaces for scientists and the public to explore science together. They inspire students to see a future with science and empower people to explore and get involved. The Royal Institute offer charitable support to those, such as young people in disadvantaged communities, who might otherwise not be able to engage with science. They have been doing this work for well over 200 years, with an international reach, working with world-leading scientists, from Hannah Fry to Carlo Rovelli and Dame Sue Black to Sean Carroll.

We as an academy were very fortunate to have succeeded in a grant bid, which meant that the Royal Institute came to Wakefield and presented to year 7, year 8 and Outwood Academy Parkhill students in year 5 and 6.

Students were able to see an array of different demonstrations all related to energy. Some demonstrations went off with a bang, others made students gasp and some completely stunned students.

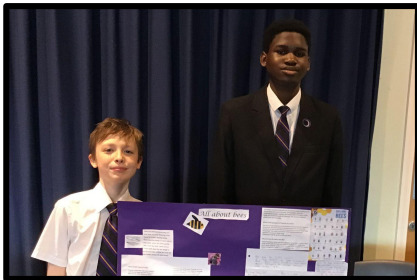


Central Science Fair

The primary and secondary schools in the central region all completed projects with a theme of flight. Students could investigate or research any topic of their choice as long as it was related to the theme of flight.

We held a school science fair with 14 finalists from key stage 3 to choose an overall school winner who would go on to compete in the regional grand final at Outwood Grange. Ethan and Diamond were our school winners with their project about how bees fly.

Congratulations to Ethan and Diamond who won third place for their project at the regional fair. They presented with enthusiasm and everyone was keen to hear the science about how bees fly.



All about bees

Have you ever wondered why you hear bees buzzing? Buzzing is the sound of a bee's beating wings.

Bees have two wings on each side of their body, which are held together with comb-like teeth called hamuli. These teeth allow the two wings to act as one large surface and help the bee create greater lift when flying.

Bees actually have four wings!

The two large outer wings (forewings) are held together to form one larger pair when flying and their uncoupled when they are not flying.

A honey bee can fly up to 10 miles per hour!

A honey bee would only make an average of 1/12 of a teaspoon in her lifetime. One ounce of honey would last a bee a flight around the world! A pound of honey is made by 2 million flower visits.

What does a bee do with its wings?

In addition to being used for flight, honey bee wings can also function while the bee remains in place. Bees flap their wings while remaining stationary to move air throughout the hive, and to evaporate nectar moisture.

Can bees fly in space?

Bees can't generally fly in a droplet, mist, or heavy clouds of water particles because of their weight and their ability. Even if they can compress their weight, the weight of the air would still be too much for them.

What is the purpose of thorax on a bee?

The thorax is the mid-section of the honey bee and is primarily focused on locomotion. The thorax houses the legs and the point of wing attachment. The wings are attached to the thorax along the base to control the movement of the wings during flight. The rigid construction of the thorax provides the structural support of the wings.

What do bees do when they fly?

Understanding how wings work is key to figuring out how bees could fly. Their wings are not rigid, but they do have a special flight structure. Bees make short, quick wingbeats from front and back, then rest back. This makes them very maneuverable in flight.

How does the DVM work?

As a part of the flight mechanism, the DVM (Dorsal Vein Muscles) contract to move the thorax forward. This causes the wings to move forward.

Do bees hibernate?

No, bees do not hibernate. The other mammals hibernate, but bees do not. They are active throughout the year.

What is a queen bee?

A queen bee is responsible for laying eggs and controlling the colony. She is the only female in the colony that can lay unfertilized eggs, which develop into male bees.

Bees are attracted to movement and certain colors, so they might be investigating you out of curiosity. It's also possible that they are simply covering themselves or communicating with other bees. In most cases, they are not being aggressive and are unlikely to sting unless they feel threatened.

Bees can't generally fly in a droplet, mist, or heavy clouds of water particles because of their weight and their ability. Even if they can compress their weight, the weight of the air would still be too much for them.

Instead of being insects that bees are actually flying machines. They are not just flying, they are flying like a machine.

WELL DONE

Community Updates

Fairburn Ings HHH Family Trip
Wednesday 27th March 2024
 10:00am - 12:00pm
 One parent space per family - limited spaces available!



A Family Trip for parents and children attending the Happy Healthy Holidays Spring Programme.

Register at Reception for a Parent space on the coach before 20/03/2024
 01924 361212

Please DO NOT bring additional food or drinks on the trip - packed lunches will be provided for the children.

Happy Healthy Holidays
 with Lightwaves & Next Generation
 at
 Lightwaves Leisure & Community Centre
 Lower York Street, Wakefield, WF1 3LJ
 Tuesday 02 April to Friday 05 April 2024
 12 noon to 4pm

BUILDING ON OUR COMMUNITY IDENTITY

HONESTY
 Let us be CONNECTED
 Team Work, it's our way

Artwork by
 MEG SHAWLEY © 2024. HHHH - CASH

For ages 8 to 11 and 11 to 16 years old
 Food, snacks & refreshments are provided
 Activities include: Sports & Games with 55 sport team and Arts & Crafts
 with local community artists: Tony W & Helen T

Free for young people on FREE school meals and low income
 (£4 per day for non free school meals (reduced rates for families))

Places are limited, please reserve your place by calling
 01924 360158 and leave a message with the team



WF Happy Healthy Holidays

Nutritious Food and Refreshments Provided

5-11 Years

Happy Healthy Holidays is back this Spring!

Activities will be taking place at St Swifun's Community Centre between 25th and 27th March 2024.

Happy Healthy Holidays offers a range of exciting activities that are **FREE** to children and young people who are in receipt of benefits-related free school meals

Come and join us this school holiday.

Family Trip Cooking Class Games Team-Building	Sports Sessions Nature Walk Geology Demonstration Earth Crafts
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Find and book FREE local activities by visiting
<https://www.wakefieldamstogther.co.uk/>
communitysupport.halcyon.healthylife.holidays/
 or scan the QR Code



Compass **NHS**

Need support?


Text **BUZZ** to **85258** to start a free, confidential text conversation with a trained volunteer, who can help with issues such as:

- Anxiety
- Stress
- Depression
- Suicidal thoughts
- Self-harm
- Abuse
- Relationship problems
- Bullying
- Panic attacks
- Loneliness

Texting is anonymous and will not appear on your phone bill. You will not be charged for using this service.

For support while we connect you, visit:
giveusashout.org/get-help/resources.

If your life is at risk, please call 999 for immediate help.



"Thank you for listening to me without judging me"

Text BUZZ to 85258 in partnership with **shout**
 for free and confidential support 24/7

ICE CREAM - STALLS - FOOD - ADULT AND BIRD EYES
 BUS ACTIVITIES - FACE PAINTING - PRIZES TO BE WON

pennyappeal

Eid IN THE PARK

A FAMILY FUN DAY FOR ALL!

Saturday 20th April 2024 • 11.00am - 4.00pm
 Thomas Park, Horbury Road Entrance, Wakefield, WF2 6OZ

FREE ENTRY!

BOOK YOUR STALL NOW!
 Contact: events@pennyappeal.org



For current vacancies within the Academy, please click the following link : [Vacancies](#). If you are interested in applying and would like to visit the academy first, please contact enquiries@cityfields.ottwood.com

At InspirED Cafe, we believe in the transformative power of food, community, and education. Our mission is to create a welcoming space where young minds can flourish and acquire valuable skills in baking, cooking, and front-of-house operations.

Join us on this inspiring journey of empowerment, sustainability, and community support. Explore the boundless possibilities, make a meaningful difference, and relish the distinct flavors of InspirED Cafe — where every bite tells a story, and every cup brews a brighter future for young individuals with additional needs.

In addition, we extend our commitment to community involvement by organizing special events for educators, council members, and vulnerable individuals. Discover how we bring people together through inclusive initiatives, furthering our mission of creating a positive impact in the lives of those we serve.

For more information visit inspired-pd.co.uk

