

Outwood Academy City Fields 2023-24 Newsletter 1

We have lots of assemblies with many guest speakers. So far this year we have had assemblies on:

College placements

Heart Restart

Mental Wellbeing

Bonfire and Fireworks

And Oddballs assemblies:

On Wednesday 25th October Steffan from the Oddballs Foundation delivered an entertaining and informative assembly to the whole school body to raise awareness of testicular cancer. The students responded really well and were listening attentively, actively engaged and getting involved! The month of November focuses on Men's Health and as a community we want to raise awareness of both mental and physical wellbeing for our young men and all the men in our community.




OddBALLS

YEAR 11 AUTUMN ASSESSMENT

Revision Masterclasses

Expert led, online, evening
revision sessions and resources!



What a great half term this has been. Year 7 have settled in really well and lots of students have worked together to build our community ethos.

We are proud of the hard work our students put in everyday.

Thank you to parents and carers for supporting us, it really does make a difference.

The new build is open and we are working in the building. There will be an opening ceremony where parents/carers and the community will be invited, but we are still working with the developers. When this is complete we will send out our save the date invitations.

Thank you - Michelle Colledge-Smith



Year 11

Revision masterclasses are taking place throughout October & November. For more details on revision sessions or to access revision resources visit [this website](#).

Student Voice

Gardening Club

Gardening club is already under way this year. We have harvested lots of produce and have been excited about what we will be growing in the future for the DT kitchens.



We have had a great meeting with Grow Wakefield who have offered some great advice on how to develop and make the most of our gardens. We will be creating a living wall in the centre of school.



Thank you to everyone who donated items especially the green houses and shelving. We still need cuttings, pots and soil and volunteers to help us.

Student Voice

Student Voice has had a brilliant start to 2023-2024. Our NEW Prime Minister has been elected, Mowanuola Adefila and Deputy Prime Minister Abbie Jones.



Here are a few words from our new Prime Minister: "Thank you for taking the time to support me and Student Voice. I am so excited to start Student Voice 23-24 to support your ideas"

We are extremely proud of all students who have taken part in the election process.

We would just like to take the time to thank Khalid Al-Ameed and Vicky Blacker for all their hard work and dedication to Student Voice 22/23 they have a great year and have changed the face of Student Voice.



ATTENDANCE MATTERS

OUTWOOD GRANGE ACADEMIES TRUST

Attendance affects your learning.

Attendance affects your future.



Did you know that attendance impacts upon achievement?

Employers want a workforce that is committed and punctual. Studies show there is a clear link between poor attendance and low academic achievement. Employees who have 8 good GCSEs earn on average £150 per week more than those who do not.

Those children who attend school regularly make better progress academically and socially, and go on in the future to secure jobs successfully.

Parents and carers play a vital role in helping us promote good attitudes towards attendance. Together, it is important we ensure that children are:

- present everyday
- arrive on time
- are not being taken out of the academy without authorisation

Your child's attendance is monitored closely, and we follow up on all unexplained absences with you, the parents or carers.

If your child is ill and you are unsure whether they should attend school or not, please use this guide from the NHS to help you come to your decision. [Is my child too ill for school? - NHS](#)

When your child's attendance record moves below 95%, we will contact you, to discuss ways in which we can support.

Punctuality to the academy is also key to learning. Students are expected through the gate for 8:15am, so they can get to lessons and be ready to learn for 8:25am.

If your child arrives after 8:20am you will receive a late text and students arriving after 8:25am will receive a 30 minute after school detention.

If your child arrives 30 minutes after the close of the register in the morning, they will receive a U code. This is classed as an unauthorised absence.

For example, if your child arrived 30 minutes after the close of the register but attended school everyday, their attendance would only be 50% for that week.

We please ask parents and carers to support the academy by ensuring that your child attends school regularly and on time.

If there are any concerns or issues please do not hesitate to contact the academy to discuss them. More information about working together to improve attendance can be found here. [Working Together to Improve School Attendance](#)

Outwood Holiday Reading Club

Reading Club

Outwood Holiday Reading Club
October half term:

A SPOOKY BOOK

Tell us what spooky book you have read for a chance to win!
You can read and enter as many books as you like.

OPEN TO ALL STAFF AND STUDENTS



Outwood Holiday Reading Club
October half term:

A SPOOKY BOOK

KS3 Recommendations:



Outwood Holiday Reading Club
October half term:

A SPOOKY BOOK

KS4 Recommendations:



Outwood Holiday Reading Club
October half term:

A SPOOKY BOOK

KS5/Staff Recommendations:



Outwood Holiday Reading Club
October half term:

A SPOOKY BOOK

KS2 Recommendations:



Outwood Holiday Reading Club
October half term:

A SPOOKY BOOK

EYFS/KS1 Recommendations:



Safeguarding



Internet and Cyber Update

Schools now have a duty under Keeping Children Safe In Education to add monitoring and filtering of internet/cyber access to their duty of care as such we have now enhanced our systems with Securus software with the aim of keeping young people away from digital harm.

Our duty refers to the 4 C's, Content, Contact, Conduct and Commerce.

Source - [Safeguarding: Online Safety Including Filtering and Monitoring | Judicium Education](#)

Content

This is the risk of being exposed to illegal, inappropriate, or harmful content, i.e., pornography, fake news, racism, misogyny, self-harm, suicide, anti-Semitism, radicalisation, and extremism.

A UNICEF Global Kids Report found the below percentages of content children were exposed to:

- Sexual content 33%
- Violent content 30%
- Hate speech 23%
- Self-harm content 18%
- Suicide content 15%

Contact

The risk of being subjected to harmful online interaction with other users. This includes child-on-child abuse, commercial advertising, and scenarios where adults pose as children or young adults with the intention to groom or exploit them for sexual, criminal, financial or other purposes. The State of the World Girls 2020 report surveyed over 14,000 girls and young women. It found that more than half of respondents had been harassed and abused online while 25% felt physically unsafe.

Conduct

This is online behaviour that increases the likelihood of, or causes, harm. For example, making, sending and receiving explicit images (e.g., consensual and non-consensual sharing of nudes and semi-nudes and/or pornography, sharing other explicit images and online bullying).

Commerce

Risks such as online gambling, inappropriate advertising, phishing and financial scams. There are around 55,000 "problem" gamblers aged 11 to 16 in the UK, according to the National Audit Office, with a further 85,000 estimated to be at risk. A 2019 Gambling Commission survey found 11% of 11- to 16-year-olds said they spent their own money on gambling in the past week.

Securus- As part of the Trusts commitment to safeguarding we can confirm that we are actively using Securus which protects students from digital harm as it automatically captures & reports incidents on any device. Students have been made aware in their assemblies that any device used with their school google account is monitored as part of our commitment towards the KSCIE 2023 statutory guidance; 'to limit children's exposure to the above risks from the school's or college's IT system'.


Parental Support

Wakefields Online Universal parenting offer in partnership with the Solihull approach is now live and available to all parents, Grandparents and carers in Wakefield.

Use the QR code to access the portal adding your Wakefield postcode and access password, HEPWORTH, all detailed on the page.

The parent / carer then have unlimited access to all the packages available, there are even packages designed specifically for teenagers to access to support their own well-being.

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH


inourplace  NHS

Understanding your baby


Free online postnatal course for you to follow in your own time. For everyone in your baby's family.

- Getting to know your baby and their unique ways of communicating
- Feeding, sleeping, playing and soothing guidance
- Supportive resources for your mental wellbeing
- With professional translations in Urdu, Modern Standard Arabic and Welsh


Designed by clinical psychologists in partnership with health visitors and parents.



www.inourplace.co.uk



Residents of WAKEFIELD

In paid partnership with: 

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

inourplace  NHS

Understanding pregnancy, labour, birth and your baby

Free midwifery-led online antenatal course for you to follow in your own time. For everyone in your baby's family.

- Getting to know and bonding with your baby before birth
- Stages of labour
- Preparing to welcome your baby
- Supportive resources and tips for staying calm
- Women couples tailored version


Designed by clinical psychologists in partnership with registered midwives, health visitors and parents.



www.inourplace.co.uk



Residents of WAKEFIELD

In paid partnership with: 

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

inourplace  NHS

Understanding your child with additional needs

Free online course for all parents, carers, and grandparents.

- Reading your child's behaviour and understanding their feelings
- Effective communication techniques
- Reflecting on your relationship and how to nurture your child's emotional health
- A transformative journey that can strengthen your bond with your child at every age


Designed by clinical psychologists in partnership with practitioners and parents.




www.inourplace.co.uk



Residents of WAKEFIELD

In paid partnership with: 

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH


inourplace  NHS

Supporting emotional health and wellbeing from 0-19+


Free online courses for all parents, carers, grandparents and teens

- Antenatal and postnatal baby bonding
- Understanding your child or young person
- Your child or young person with additional needs
- Teenager's feelings and brain development
- And lots more specialist courses


Designed by clinical psychologists in partnership with practitioners and parents.




www.inourplace.co.uk



Residents of WAKEFIELD

In paid partnership with: 

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH


inourplace  NHS

Understanding your teenager's brain


Free online course for all parents, carers, grandparents.

- Understanding your teenager's brain development in adolescence
- Reading your teenager's behaviour and understanding their feelings
- Reflecting on the importance of your relationship and how to nurture your teenager's mental health


Designed by clinical psychologists in partnership with practitioners and parents.



www.inourplace.co.uk



Residents of WAKEFIELD

In paid partnership with: 

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

inourplace  NHS

Understanding your child: from toddler to teenager

Free online course for all parents, carers, and grandparents.

- Reading your child's behaviour and understanding their feelings
- Effective communication techniques
- Reflecting on your relationship and how to nurture your child's emotional health
- A transformative journey that can strengthen your bond with your child at every age


Designed by clinical psychologists in partnership with practitioners and parents.




www.inourplace.co.uk



Residents of WAKEFIELD

In paid partnership with: 

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH


inourplace  NHS

Understanding your relationships


Free online course to follow in your own time to help understand your relationships and your mental health.

- Understanding your emotions in your relationships
- Communicating feelings and expressing yourself
- Reading others behaviours and different communication styles
- Managing conflict, self-regulation and anger


Designed by expert psychologists in partnership with people.



www.inourplace.co.uk



Residents of WAKEFIELD

In paid partnership with: 

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

inourplace  NHS

For teenagers

Free online courses to help you understand your feelings and brain development, to support your wellbeing

- Understanding your brain development and what this means for how you feel and behave
- Understanding your feelings, your mental health and how to nurture emotional wellbeing
- How your relationships and friendships may change and why
- Written for teenagers with teenagers


Designed by clinical psychologists in partnership with practitioners and teenagers.



www.inourplace.co.uk



Residents of WAKEFIELD

In paid partnership with: 

Mental Wellbeing

Compass

Compass Wakefield offers short term support to children and young people with mild, emerging difficulties. Issues may include low mood, anxiety, managing different emotions like anger, being scared, friendship groups, being bullied or online bullying, friendship problems, loneliness and sadness.

Compass staff, working in local schools and community settings, can offer:

- Guided/self-help (online & face-to-face)
- Supported referrals to specialist services
- Peer support groups
- Parenting programmes

Other current opportunities:

- Girls and Women's Supporters group
- Diversity group

These students are currently receiving training to be able to help their peers and help adults see the current issues that face young people.

October 2023 - we have continued with our whole school approach to mental health and all students have received an assembly to promote strategies and self help advice for positive mental health.

As a Academy we also encouraged students and staff to 'wear something yellow' to raise awareness of mental wellbeing and the support available in our Academy.

Further to our whole school approach a group of students have also completed 2 days of training ran by iSpace (a Wakefield based Community Interest Company working with young people, their families, schools and communities to support progress and raise aspirations). These students are this years mental health ambassadors and are working on opportunities and events throughout this academic year to further support our students.

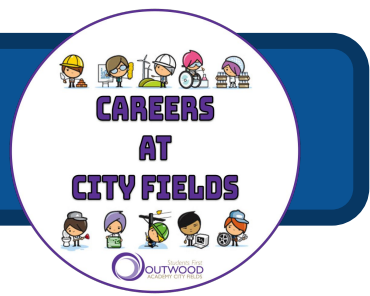
If you or anyone you know is struggling please click the link below for more support.

 [Mental Wellbeing](#)

iSPACE⁵

Emotional wellbeing & mental health
Early intervention and prevention
Drug work
Youth justice
Youth & Community work
Parent support work

Careers



This half-term students have been met and heard from a number of post 16 providers, which include;

- New College Pontefract
- Wakefield and Castleford College
- Outwood Grange Academy Sixth Form

Students have heard a little about each post 16 provider, the expectations that they have of the students who want to study with them and the general requirements for students.



This is Denise Zama our Progress Careers representative in the academy. Denise is in the academy every Wednesday and her role is to ensure that students receive the highest quality careers guidance. Students initially meet with Denise to discuss their post 16 options based on their interests and prospects for the future.

Each student in year 11 will have the opportunity to have a careers meeting with Denise, if they have not already done so. Denise was present at our year 11 information evening, to meet with parents and to answer any queries and concerns that they had. There will be further opportunity to meet with Denise in the future. As a parent if you have any questions about your child after they leave Outwood Academy City Fields, please contact Denise at progresscareers@cityfields.outwood.com.

Up and coming events:

6th - 11th November 2023 Green Careers Week

Careers related work in lessons across the academy.

Careers cafe with providers keen to share how environmentally friendly their work is.



Community Update

Funded by UK Government

AUTUMN ACTIVITIES

TUESDAY 31ST OCTOBER

10AM - 3PM

FOR CHILDREN AGED 8-10 ONLY £5

@

ST SWITHUN'S COMMUNITY CENTRE

REGISTRATION DAY
MONDAY 16TH OCTOBER
AT 9:30AM

HALLOWEEN FUN, CRAFTS, TREATS, HEALTHY SNACKS, MUSIC, GAMES AND MORE!
LUNCH PROVIDED

ARNCLIFFE ROAD
 WF1 4RR
 01924 361212

LEVELLING UP West Yorkshire Tony Robles Mayor of Wakefield EASTWOOD COMMUNITY PROJECT LTD

Funded by UK Government

Yoga for Beginners

4 week course

Starts Tuesday 7 November

4.15pm to 5pm



Led by professional Yoga instructor Karen
 £3 each session or £10 for the 4 week course.

Please book your place at the centre with a deposit of £3

St Swithun's Community Centre
 Arncliffe Road, WF1 4RR
 e: info@eastmoorcommunity.co.uk
 w: www.eastmoorcommunity.co.uk

To book your place or find out more about this group please contact us on **01924 361212**

LEVELLING UP West Yorkshire Tony Robles Mayor of Wakefield EASTWOOD COMMUNITY PROJECT LTD


Funded by UK Government

Yoga for Women

4 week course

Starts Monday 6 November

9.45am to 10.30am



Led by professional Yoga instructor Karen
 £3 each session or £10 for the 4 week course.

Please book your place at the Centre with a deposit of £3

St Swithun's Community Centre
 Arncliffe Road, WF1 4RR
 e: info@eastmoorcommunity.co.uk
 w: www.eastmoorcommunity.co.uk

To book your place or find out more about this group please contact us on **01924 361212**

LEVELLING UP West Yorkshire Tony Robles Mayor of Wakefield EASTWOOD COMMUNITY PROJECT LTD

WAKEFIELD TRINITY COMMUNITY FOUNDATION

YOUTH CLUB

SESSION INFORMATION

WAKEFIELD	HEMSWORTH
EVERY MONDAY	EVERY TUESDAY
TIME: 8-9PM	TIME: 4-6PM
VENUE: WAKEFIELD TRINITY STADIUM WF1 5EY	VENUE: YOUTH HUB PLATFORM 1 WF9 4AB
AGE: 11-18 YEARS	AGE: 11-18 YEARS


OUTDOOR GAMES, INDOOR ACTIVITIES, PS4, TABLE TENNIS & POOL, SNACKS & DRINKS PROVIDED.

CONTACT INFORMATION
 MASON ATKINSON | YOUTH LEAD
 MASON.ATKINSON@WAKEFIELDTRINITY.COM

How to be a Teaching Assistant

Outwood Park Hill Primary Academy

Summer Term 2024
 You can register your interest by calling **01924 303655**



Wakefield Adult Education Service

Understanding Autism & SEND at Outwood Park Hill

Wednesday 9.30am - 11.30pm
 Starting on 8th November
 6 Weeks

You can register your interest by calling **01924 303655**



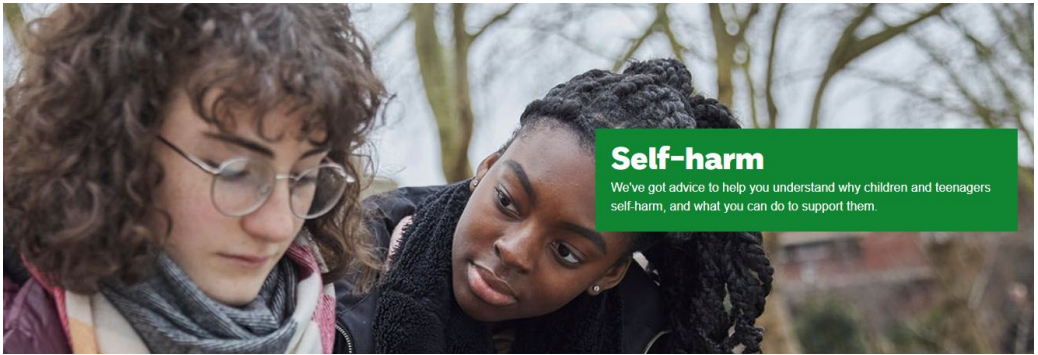
Wakefield Adult Education Service



FoodCloud



olio



Self-harm
 We've got advice to help you understand why children and teenagers self-harm, and what you can do to support them.

If you would like to alert us to any community events or want to share anything please let us know - enquiries@cityfields.outwood.com